

THERAPEUTIC INDEX G.K.V.

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गुरुकुल कांगड़ी विश्वविद्यालय  
कृपया पुस्तक के ऊपर कोई निशान आदि  
न लगायें ।



## पुस्तकालय

गुरुकुल कांगड़ी विश्वविद्यालय, हरिद्वार

वर्ग संख्या ..... 35

आगत संख्या.....

पुस्तक विवरण की तिथि नीचे अंकित है। इस तिथि सहित ३० वें दिन यह पुस्तक पुस्तकालय में वापस आ जानी चाहिए। अन्यथा ५० पैसे प्रति दिन के हिसाब से विलम्ब दण्ड लगेगा।





# THERAPEUTIC Index

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AYURVEDIC PRODUCTS



YOGI PHARMACY

Laksar Road, P. O. Gurukul Kangri, HARDWAR

Gram : 'YOGI'

PIN : 249404

Phone : 208

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## INTRODUCTION

### INSTALLATION & AIMS—

Inspired by Rajya Vaidya Shri Boori Ramji and Acharya Satyanandji, Vaidya Vijai Kumar Shastri, Ayurveda Charya B.A., M.S, a graduate of Ayurvedic College, Gurukul University, started this YOGI PHARMACY on the banks of the Ganges at the foot of the Himalayas at Kankhal, (Haridwar). The name was suggested by Acharya Abhay Devji Vidyalkar of Shri Aurobindo Ashrama Pandichery.

The institution manufactures pure and standard compounds, as described in Ayurvedic and UNANI literature. Genuine and Fresh Himalayan herbs are also supplied as raw material at cheap rates.

### MANUFACTURING SECTION—

The Pharmacy is manufacturing 350 Ayurvedic and Unani preparations according to the Shastras and are patented. Purity and Standard are always kept in view. We are sugar coating our tablets so that they may last long without deterioration.

### THERAPEUTIC SECTION—

There is an arrangement for free treatment for the poor by experienced vaidyas and Hakims with pure Ayurvedic and Unani Medicines. They are also helped with free milk etc. as far as possible. Major part of our profits is spent on charity.

## RESEARCH SECTION—

The YOGI compounds are given to Ayurvedic post-graduates in Rishikul and Gurukul for trial and clinical research on the patients. The observations drawn there upon serve as valuable data to ascertain the quality of the preparations.

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## SHAKTI VIKAS

(for Internal use)

### COMPOSITION :

Dashmool	2.5	P.C.	Jatiphal	2 5	„
Ksheer Vidari	5.5	„	Lavang	2 5	„
Lohsar	5.5	„	Chaturjatak	5.0	„
Pure Madhu	5.0	„	Keshar Kashmiri	0.50	„
Shalabh Misri	1.00	„	Amber Agnihar	0.50	„
Bala	2.5	„	Mash Krishna	4.50	„
Ashvagandha	5.50	„	Akarkara	2.5	„
Vibhatvak	5.50	„	Tirfla	5.50	„
Dono Chandan	2.0	„	Sharbat Pasand	5.00	„
Brahmi	1.00	„	Gul Gurhal	1.00	„
Kanak	1.00	„	Drakshadiphal swarus.	5.50	„
Shataver	5.50	„	Jati patni	2.50	„
Aj Gandha	5.50	„	Irikatu	5.50	„
Sh. Tenduk	2.50	„	Molsari Flower	2 50	„
Moosali White	1.00	„	Sh. Kastoori	0.50	„
Kevara Flower	1.00	„	Vijaya	1.00	„

### DESCRIPTION :

Shakti Vikas is an all purpose general tonic, consisting of extracts of indigeneous Ayurvedic herbs, Glycerophosphates, vitamins, Iron calcium etc. to be used by all members of the family.

It is cardiac and nervine tonic. The action is directly over the heart. It increases the tone of cardiac muscle and so the out put of the heart.

The high concentration of Glycerophosphates supplies nutrition to the Brain and Nerves.

It has got haemohoeetic action over the lymphatic glands and spleen and increases production of blood and restores the general body resistance.

There is diaphoretic action and stimulates the genital glands and restores the vitality and energy in old age.

#### INDICATIONS :

Mental fatigue, Insomnia, loss of appetite, sexual weakness, Heart failure, convalescent period, purpura, chronic disease, and preliminary Tuberculosis chronic cough, Asthma, constipation.

#### PROCEDURE :

It should be taken orally before or preferably after the each meals twice daily 1 - 3 spoonful daily or as advised by physician.

PRESENTATION : 112 ml 450 ml.

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## ARSHINA PILLS

(for external and internal use)

Presentation : Coated tablets of 0.5 gm. each.

### Composition

Daru Haridraghanasatva	...	...	32.05%
Nimb Phal Majja	...	...	16.05 „
Mahanimb Phal Majja	...	...	16.05 „
Trinkantmani Pishti	...	...	6.05 „
Nag Keshara	...	...	5.00 „
Swarna Makshik Sara	...	...	5.00 „
Arishtak Twaka	...	...	2.50 „
Shudha Guggal	...	...	15.50 „
Karanj			
Triphla			
Moolak Suran Kanda	q. s.		
Kak Jangha			

### DESCRIPTION :

This Ayurvedic medicine is an outcome of years of research on piles and fistulae. It cures them without operation. There has been a great demand from abroad. This has been tested and approved by government institutions.

### INDICATIONS :

1. Stops bleeding and relieves pain and Swelling.
2. Fistulae in Ano.
3. Chronic constipation.

4. Bleeding from any organ e.g. uterine, Epistaxis etc.
5. Hypertension--Blood pressure is lowered

Direction of usages :

#### INTERNAL :

1-2 Tablets to be taken thrice a day with cow's milk curd or fresh water, use Moolikund, Palak with meals.

#### EXTERNAL :

After defecation wash with hookah or tobacco water and apply paste made by one tablet in water, Chilies, cycling and straining are to be avoided.

#### PACKING :

Arshina Pills are supplied in packings of 30 and 100 tablets, 500 tablets.

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## AYURVEDIC CHAY

(for internal use as tea)

Presentation---Crystallised powder.

### COMPOSITION :

Ashtavarg	12	P.C.	Mustak	5.50	P.C.
Dar Chini	5.50	,,	Lavang	3.00	,,
Ashwa gandh Nagori	5	..	Sugandhi Patra	5.50	,,
Shata Pushpa	5.50	,,	Tamal Patra	5.50	,,
Madhueshti	6.00	,,	Mava Patra	5.50	,,
Ala	5.50	,,	Chandan Dono	7.50	,,
Agya Ghas	7.50	,,	Harit chai	5.50	,,
Gulvankasha	6.00	,,	Gorakh Pan	8.00	,,
Tridyeshwara Twaka	5.50	,,	Tagar Gonth	4.50	,,
			Brahmi booti	2.00	,,

### DESCRIPTION :

It is an indigenous delicious herbal preparation for daily use in family as tea. It prevents fatigue, dyspepsia and a variety of diseases and brings about happiness and health.

### INDICATIONS :

1. Common cold.
2. Influenza.
3. Fevers.
4. Cough.
5. Fatigue.
6. Dyspepsia, Flatulence, constipation.

Usage. 10 gms. tea is to be boiled in 1 kg. of water and mixed with milk and Sugar and taken as tea,

Packing. It is supplied in packing of 50 gm. 100 gm and 200 gm.

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## BALAMRITA

(for internal use)

Presentation--Syrup.

### COMPOSITION :

Kesar	0.53 P.C.	Pipal	5.65 P.C.
Atis Kadva	5.65 „	Majitt	1.43 „
Aab-resham	2.43 „	Soia	1.43 „
Gul-Gudhal	2.43 „	Chandan Safed	1.65 „
Mulethi	1.43 „	Nilofar	2.65 „
Nagarmotha	5.65 „	Munakka	2.15 „
Vansa	2.65 „	Sugar	50.42 „
Kakra Suigi	5.65 „	Permitted Bush colour	qs.
Gayuban Sat	5.65 „		

### DESCRIPTION :

Balamrita is a sweet syrup for Children and has been prepared from fresh herbs grown in the Himalyas, fruit juices etc. It is an ideal tonic for growth and increases resistance to diseases common in children.

### INDICATIONS :

1. A general weakness in children.
2. Dyspepsia, constipation, vomiting etc.
3. common cold and Cough.
4. Boils.
5. Rickets and other deficiency states.
6. Fevers.

## DOSAGE :

To be given 3 times a day, a single dose being as follows for Children.

3 months to 6 months	10-15 drops
6 months to 1 year	15-30 drops
1 year to 3 years	1 tea spoonful
3 years to 5 years	2 tea spoonful

Packing : Balamrita is supplied in bottles of 110 ML.





## SEXOTEX

(for internal use only)

Presentation : Tablets.

### COMPOSITION .

Sarp gandha	7.5	P.C.	Keshar	5.50	P.C.
Shudh Tenduk	7.15	,,	Kasturi	5.50	,,
Shalabh Misri	10.00	,,	Amber	5.50	,,
Jati Phal	8.50	,,	Motipishti	5.50	,,
Jati Patri	8.50	,,	Kadli		
Akarkara	8.50	,,	Vidari kanda		
Shaudh Shilajitusatva	8.50	,,	Ashva gandha		
Posth ghan Satva	2.00	,,	Shatavari		q.s.
Makardhwaja	5.50	,,	Ghrit kumari		
Trinkantmani Pishti	5.50	,,	Haridra		
Bang Bhasm.	7.50	,,	Vijaya		

### DESCRIPTION :

BALDAVATI is a sexual tonic for men and is specially recommended for the newly married and weak as it increases the ability and time of performance. It does not cause any weakness.

### INDICATIONS :

1. Impotency Psychological.
2. Premature ejaculation.
3. Oligo Spermia and weakness of sperms.

4, Thin Semen.

5. Diabetes mellitus.

DOSAGE : 1-2 Tablets to be taken morning and evening  
with milk or cream.

PACKING : BALDAVATI is supplied in packings of 25  
tablets, 100 Tab.

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## BASANT KUSUMAKAR

(For internal use)

Presentation — Powder.

### COMPOSITION :

Praval	11.00 P.C.	Kasturi	5.00 P.C.
Mukta	11.00 „	Ambar	5.00 „
Rasasindur	11.00 „	Vasa	
Abhrak	11.00 „	Haridra	
Banga	8.00 „	Ismshu	
Nag	8.00 „	Kamal	q. s.
Loh	8.00 „	Malti	
Rajat	5.00 „	Dugdha	
Swarna	5.00 „	Kadali	
Keshar	5.00 „	Chandan	

### DESCRIPTION :

It is a very effective and famous nervine tonic made of precious minerals. It imparts energy and vigour, stimulates circulation of blood. It strengthens nerves, renews digestive power and bestows vitality. It also tones up liver and kidneys and steps up stamina and maintains good health.

### INDICATIONS :

1. Physical and mental weakness, seen in various chronic morbid states.

2. Urinary diseases.
3. Diabetes mellitus.
4. Neuraesthesia, insomnia etc.
5. Liver and kidney diseases.
6. Diseases of heart and lungs.

DOSAGE—25 gm. to be taken with 15 ml. of butter  
Cream or honey, twice a day. A tumbler of warm milk to be taken after it.

Caution---Chillies, oily preparations, tamarind, sour food, Jaggery and black gram are to be avoided.

PACKING---It is supplied in packings of 3 gm. 6 gm. and 12 gm.

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## BRAHMI AMLA TEL

(For external use only)

Preparation — Medicated Hair Oil.

### COMPOSITION :

Hair Brahmi Swaras	...	...	5.00 P.C.
Bhringraj Swaras	...	...	5.00 „
Dhatraphal	...	...	5.00 „
Shwet Chandan	...	...	3.00 „
Haritki	...	...	3.00 „
Vithitak	...	...	3.00 „
Jatamansi	...	...	3.00 „
Above mentioned dissolved in Til Tel	...	...	99.00 „
Gandha ...	...	...	1.00 „

### DESCRIPTION :

It is supposed to be the best among hair oils, being medicated with indigenous medicines of cool nature; increases the strength of brain, hair and vision.

Usage. To be used every day as hair oil after taking bath.

PACKING---It is supplied in bottles of 150 ml. and 325 ml.



## BRAHMI RASAYAN

(For Internal use)

Presentation---As a jam.

### COMPOSITION :

Brahmi Swaras	5.50	P.C.	Sarpagandha	2.50	P.C.	Yog
Harit ki Sar	10.50	,,	Chaturjatak	2.50	,,	
Amla Sar	10.50	,,	Pipli	2.50	,,	
Sudha Ghrita	8.50	,,	Vanshlochan	3.50	,,	1 K
Tilakvasa	6.50	,,	Shalabh Mishri	1.50	,,	
Astha Varg	8.00	,,	Moosli Safed	1.50	,,	
Dashmool	10.00	,,	Chandan Dono	1.50	,,	
Kushta	1.00	,,	Shankh Pushpi	2.50	,,	
Sudha Madhu	4.00	,,	Jatamonsi	2.50	,,	
Sudha Keshar	0.50	,,	Vachamitti	1.00	,,	
Bang Bhasma	0.50	,,	Sharkara	22.00	,,	
Mukta Pishti	0.50	,,	Loh Bhasma	0.50	,,	
Praval Pishti	0.50	,,				

### DESCRIPTION :

It is an all purpose general tonic, consisting of extract of indigenous Ayurvedic herbs, calcium, vitamins, phosphorus iron etc, to be used by all the members of a family for improving the mental and bodily strength.

### INDICATION :

1. As a nervine and general tonic.



2. To improve mental Capacities eg. memory etc.
3. Insomnia and general weakness.
4. Hypertension.
5. Sexual debility.
6. Lactating and Pregnancy.
7. Diseases of lungs eg. Tuberculosis etc.
8. Chronic constipation and headache.
9. Gastrointestinal distress.

P.C. USAGE—6 to 12 gms, morning and evening with milk,  
Yogi tea or water.

PACKING---It is supplied in packings of 250 gm, and  
1 Kilogram.



## CHYAVAN PRASH

(For Internal use)

Presentation—As a jam.

### COMPOSITION :

Dhatri Phala	12.00	P.C.	Jiwanti Bingal	1.75	P.C.
Shudha Sharkara	24.25	„	Naga Keshar	0.75	„
Asththa Varga	12.00	„	Vidari Kanda	1.75	„
Shudha Ghrita	5.00	„	Stikshma Ela	2.05	„
Shudha Til Tel	5.00	„	Draksha	0.75	„
Madhu	10.00	„	Kakda Singi	0.75	„
Dashamool	12.50	„	Pushkarva Mool	0.75	„
Banslochan	8.50	„	Dalchini	0.75	„
Pipli	5.50	„			

### DESCRIPTION :

Chyavanprash is a famous historical tonic consisting of vitamins A,B.C. and minerals and is to be used by old people as general tonic.

1. Anaemia.
2. Asthma due to weakness.
4. Debility.
4. Dyspepsia.
5. Palpitation.
6. Sexual and general weakness.



USAGE :

Adults—1 teaspoonful (10 gm.) morning and evening with milk or yogi tea.

Children---1/2 tea spoonful (5 gm.) in the same way.

Packing---It is supplied in packings of 250 gm, 500 gm. and 1 K.g.



## DANTA SHODHAK

(For External use only)

Presentation---Powder.

### COMPOSITION .

Roomi Mastagi	1.50	P.C.	Sphotic Pushpa	5 00	P.C.
Akarkara	4.50	,,	Majoophal	6.50	,,
Trikatoo	6.00	,,	Akharot twake	3.50	,,
Yavani Satva	1.50	,,	Babool twaka	12 50	,,
Lawang	2.00	,,	Tejbala	23.00	,,
Swarna Kshri	8.00	,,			

### DESCRIPTION :

It is a tooth powder prepared for daily use for cleanliness and health of oral cavity and teeth and is useful for persons of all ages in the family. It consists of material very useful for cleaning and nutrition of teeth.

### INDICATIONS :

1. Pyorrhoea and loose teeth.
2. Cold sensation and pain in teeth.
3. To check caries of teeth.
4. Foul smell from mouth.

### USAGE :

This is to be used as tooth powder with brush or finger.



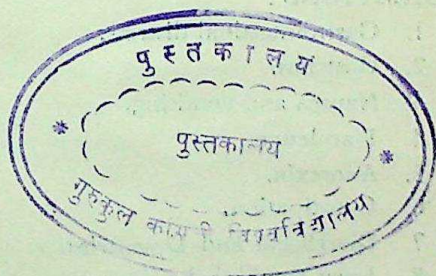
After that mouth is to be cleaned with warm water.

**PACKING :**

It is supplied in small and large family packings.

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## GESANTAKA

(for internal use)

Presentation---Powder.

### COMPOSITION :

Sarj Satva	...	...	65 P.C.
Podina Satva	...	...	10 „
Nad Bhasma	...	...	10 „
Loh Bhasma	...	...	10 „
Shudha Tuiluk Kshar	...	...	5 „

### DESCRIPTION :

Gesantaka is a very effective preparation for gastrointestinal troubles. It balances abdominal physiology.

### INDICATIONS :

1. Gastrointestinal distress.
2. Gastrites.
3. Nausea and vomiting.
4. Flatulence.
5. Anorexia.
6. Constipation.
7. Diarrhoeas and Dysentries.
8. Liver troubles, headache etc.

USAGE : 1 - 2 gm. thrice a day with fresh water.

PACKING : Gesantaka is supplied in packings of 50 gm, 100 gm. and 500 gm.





## KAFSINA

(for internal use)

Presentation---Syrup.

### COMPOSITION:

Vansa	12 P.C.	Somakalpa	10 P.C.
Posta	6 „	Mulehti	6 „
Kateli	3 „	Bharangi	3 „
Baheda	3 „	Gulbanaksha	6 „
Unnab	3 „	Kakrasingi	3 „
Pushkar Mod	3 „	Shudh Sharkara	40 „
Podina Satva	2 „	Permitted Colour	q.s.

### DESCRIPTION :

KAFSINA is a domestic remedy to strengthen respiratory system, specially prepared from Ayurvedic herbs effective for the respiratory system.

### INDICATIONS :

1. Cough of all types---Chronic or simple.
2. Whooping Cough.
3. Bronchial Asthma.
4. Dyspnoea.
5. Sore Throat.
6. Pneumonia.

**PRECAUTION :**

During its use sauces, oily preparations, dals, rice must not be taken. Use of yogi chyavanprash and Ayurvedic tea specially helps kafsina's effect.

**DOSAGE :**

One or two tea spoonful thrice a day or as directed by the physician.

**PACKINGS :**

Kafsina is supplied in bottles of 110 Ml. and 440 Ml.





## LEUKOPLEX

(For internal use)

Presentation — Coated tablets.

### COMPOSITION :

Ashok Ghansatva	20.5	P.C.	Bang Bhasma	7.5 P.C.
Loghra Ghansatva	15.5	,,	Shalsadi Ganbhairt	
Shalabh Mishri	6.5	,,	Shilajit Satva	12.5 ,,
Shivling Beej	6.5	,,	Anar	
Shwet Kantkari	6.5	,,	Ghit Kumari	
Shudha Tenduk	1.5	,,	Pourooshak	q.s.
Mandur Bhasma	15.5	,,	Vijaya	
Kuvntand Twak				
Bhasma	7.5	,,		

### COMPOSITION :

Leukoplex tones up uterus and the female generative organs. It is a gift for ladies' health.

### INDICATION :

1. Leukorrhoea of all types.
2. Dysmenorrhoea.
3. Polymenorrhoea and metrorrhagea.
4. Habitual abortion.
5. Pain in abdomen, back and thighs.

During sensations in extremities and eyes, Anaemia, Weakness, Anorexia, Dyspepsia etc.

USAGE : 1 or 2 tablets morning and evening with milk, fruit juice or water.



## SHAHICHURAN

(For Internal use)

Presentation---Powder.

### COMPOSITION :

Pipal	9.5	P.C.	Podina Satva	1.5	P.C.
Shwet Mirch	11.1	,,	Sat Nimboo	2.1	,,
Krishnajirak	7.5	,,	Dalchini	5.00	,,
Sendhwa	30.5	,,	Nimboo Swaras		
Shwet jirak	29.5	,,	Chitrak	q.s.	
Hingu	3.3	,,	Mool Kwath		

### DESCRIPTION :

Shahi Churan is a very palatable, delicious medicament. It improves taste, appetite and digestion. It also controls nausea and vomiting.

### INDICATIONS :

1. Indigestion and dyspepsia.
2. Abdominal colic.
3. Flatulence.
4. Nausea and vomiting associated with cholera and motion sickness.
5. Anorexia.

DOSAGE : 1 - 2 gm. twice a day after meals or as required

PACKING : Shahi Churan is supplied in packings of 50 gm. and 100 gm.





## RECHANI

(for internal use)

Presentation---Tablets.

### COMPOSITION :

Kakushtva ...	20 P.C.	Badam	
Amlatasa Satva	20 „	Nishod	
Ghrit Kumari Satva	30 „	Madhu Pishti	q.s.
Harit ki chetki Bhed	30 „	Kwatti	

### DESCRIPTION :

It restores peristaltic movements of gastrointestinal tract and thus improves a variety of abdominal disorders. It can be used by all age groups. There are no side effects.

### INDICATIONS :

1. Flatulence.
2. Chronic constipation.
3. Liver and gall bladder diseases eg. Jaundice, Ascitis, etc.

DOSAGE for Adults : 1 to 2 tablets to be taken at bed time with milk, tea, or warm water.

For Children : 1/2 tablet in the same manner.

PACKING : Rechani is supplied in packings of 25 tablets, 50 tablets & 100 tablets.



## SHODHA

(for internal use)

Presentation—Extract in liquid form.

### COMPOSITION :

Ushaba	2 P.C.	Babachi	5 P.C
Chobchini	2 „	Bansa	2 „
Nimb Panchang	5 „	Karanj	5 „
Indrayan Mool	5 „	Mundi	5 „
Triphala	6 „	Mustak	5 „
Daroo Haldi	2 „	Sarpunkh	2 „
Sariva Dono	4 „	Deodaroo	2 „
Kher Sar	2 „	Majistha	2 „
Chirayata karva	5 „	Kutaki	5 „
Chandan Dono	4 „	Atiskadwi	2 „
Panwad	2 „	Giloy	5 „
Kali jiri	2 „	Cow's milk	2 „
Aftan lin	2 „	Vacha	2 „
Shudha Somal	0.5 „	Numb Honey	8 „
Pitta Papda	2.5 „		

### DESCRIPTION :

Shodha is made after years of research and experience, especially from herbs which purify blood.

### INDICATIONS :

1. Skin diseases eg. Acne, Itaching, Ring worm, Eczema etc.



2. Blood diseases eg. Allergy of various kinds.

DOSE : One to three tea spoons thrice a day.

PACKING :

Shodha is supplied in bottles of 450 Ml. and 710 Ml.

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## SHUGROL

(For Internal use)

**Presentation---**Tablets.

### COMPOSITION :

Vasant Kusumakar ras	40 P.C.	Postghan Satva	5 P.C.
Agnijar	5 „	Gu marghan Satva	8 „
Ativisha	5 „	Jambooghan Satva	8 „
Akik pishthi	5 „	Shad Shadighan	
Jatiphal	5 „	Bhavit Shilajeet	10 „
Jati patri	5 „	Any	4 „
Vijaya		Mustak	
		Triphala	q.s.

Jamboo Patra Swaras

Arjun Astha Varga q.s.

### DESCRIPTION :

Shugrol is a very useful compound to Check Sugar in urine. It is in use for the last so many years. There is a great demand from abroad.

### INDICATIONS :

Diabetes, mellitus.

### DIET :

Sugar, Sweets, rice and potatoes are not to be taken.



**DOSAGE :** 1 - 2 tablets once or twice a day with milk or fruit juice as directed by the physician.

**PACKING :** Shugrol is supplied in packings of 10 tablets, 20 tablets, and 50 tablets.

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## VITAPLEX

(For Internal use only)

Presentation---Sugar coated tablets.

### COMPOSITION .

Shudh Kasturi	0.5 P.C.	Ashta Varga	13.5 P C
Keshar	0.5 „	Tirphala	9.5 „
Makardhwaj	1.5 „	Chaturjatak	12.5 „
Adhrak Bhasma	3.0 „	Trikutu	7.5 „
Banga Sara	3.5 „	Shudha Guggal	5.0 „
Shudha Kuchala	3.5 „	Atis Kadawi	2.5 „
Kapur Bhimseni	2.5 „	Vaksha Kshiri	3.5 „
Swarna Makshik sar	5.0 „	Shalabh Misri	3.5 „
Loha Sara	12.5 „	Yava Kshar	3.5 „
Shilajit Satva	12.0 „	Krishna Rechani	5.0 „

### DESCRIPTION :

Vitaplex is used for increasing vitality and vigour and to maintain good health. It is suitable for all age groups as a general tonic, being made of highly effective pure Himalayan Ayurvedic herbs and minerals in essential proportions under strict control of an experienced personnel.

### INDICATIONS :

1. Growing children.
2. Lactating and expectant mothers.
3. Cardiac diseases.



**4. Sexual neuroaesthenias.**

e.g. premature ejaculation, low retentive power, sexual debility, Impotency, nocturnal omissions.

**5. Spermatorrhea and oligo spermia.**

**6. Psychologically in—**

(a) Frigidity.

(b) Leucorrhea.

(c) Dismenorrhea.

(d) Threatened Abortion.

**7. Aneamias of all types.**

**8. Diabetes insipidus and mellitus,**

**9. Hepatic and Gastrointestinal disorders.**

**10. Renal and vesical disorders.**

**11. Enlarged prostate.**

**12. Lumbago.**

**DOSAGE :**

1 - 2 tablets to be taken with milk twice a day.

**PACKINGS :**

Vitaplex is supplied in Phials of 30 tablets and 100 tablets.





## PURE SHILAJIT JUICE EXTRACT

(For External and Internal uses)

### COMPOSITION :

Pure juice of Shilajit stone which is purified by Sunrays.

### PROCEDURE :

Shilajit is the best medium for various diseases of body system. It is a composition of Iron, Copper, Gold, Benzoic Acid and Petroleum which have got important role on different body systems.

### INDICATIONS :

1. Anaemia.
2. Ascitis.
3. Kidney diseases, Nephritis and kidney stones.
4. Urinary diseases.
5. Diabetics.
6. Antiseptic.
7. Bodyache, Injury, Sperms, burns, etc.

### USES :

$\frac{1}{2}$  to  $\frac{3}{4}$  Gm. mixed in small quantity of milk and sugar; for oral use or as suggested by the physician.

### For External use :

Mixed small quantity of Shilajit in old Ghee, boil it for some time and rub it externally.

**PACKINGS :** 10 gram, 20 gram, 50 gram.





## SHARBAT DIL PASAND

(Pure fruit juices syrup)

### COMPOSITION :

Pure fruit juices	5 P.C.	Brahmi	5 P.C.
Ruh Gulab	3 „	White chandan	5 „
Ruh Kevara	3 „	Khas	4 „
Ruh Bed Mushak	3 „	Amrita	5 „
Laghupanch Trinmul	5 „	Shankh pushpi	5 „
Pure Sharkara	5 „	Glucose	5 „

### PRESENTATION : Syrup.

It is a mixture of pure fruit juices and a very delicious drink.

### INDICATIONS :

In summer as a soft drink.

Heatstrokes

As a appetizer

To prevent epistaxis.

A brain and nervine tonic.

As a stimulant.

### USES :

1 Oz of syrup should be mixed in about 8 Oz. of water or according to your own-choice.

### PACKING :

A big bottle.



## RENOUNCED RELIGIOUS PRODUCTS

### 1. YOGI HAVAN SAMIGRI :

We are preparing high class Havan Samigri for Havan from pure scented, antiseptic & tonic Himalyan herbs which are collected fresh and genuine according to the laws of Vedas.

### 2. YOGI AGGARBATI :

We have started to manufacture a pure high class scented; aromatic Aggarbaties for daily puja.

### 3. CHANDAN AGGARBATI :

It is prepared from pure sandal wood of Mysore and aromatic compounds.

### 4. YOGI DHOOP :

It is manufactured by pure Dhoop, antiseptic, aromatic compounds. It is specific for daily puja at home, temples and yogyas.

## AROMATIC COMPOUNDS

### NIGHT QUEEN SPREYMIST :

Most lovely scents spray for attractive make up for young couple.

### KUSUM'S SPREY MIST :

As natural as flower. Use once and joy for ever,

### YOGI SCENT :

A special scent which gives sweet smell for a pretty long time.





## SHODHIT DRAVYA

Shudha Gandhak — Best blood purifier

Shudha Bhallantak — Use- As desired by the physician

Sheela jeet pure (Dry)

Shudha Vatsanabh—

Shudha Manushila—

Shudha Hartal varkia—

„ Jai pal ( Seed )

„ Gugul

„ Kuchala ( Powder )

„ Parad

„ Hingula



## YOGI SATVA ( Extracts )

Satva Gajuban	Heart brain & lungs tonic
„ Mulethi	Toncilitis & lungs diseases
„ Bansa	Cough & Cold
„ Hartal	Blood purifier & nervine tonic
„ Gilohe	Fever, high blood pressure
„ Sarpa Gandha-	High blood pressure.





## YOGI MURABBA

### Murabba Aanvala—

- ” Gajar
- ” Bel
- ” Sheva Ambari
- ” Harad kabli
- ” Sonth
- ” Rose flower (Gulkand)



## YOGI MASALES (Species)

**Kesari Masala—** A complete masala for kitchen & stomach. It appetizes & removes the gastric troubles & pains of the stomach. A daily use of Kesari Masala prevents from gastric abdominal diseases.

**Garma Masala—** A masala for delicious vegetables.

**Chat Masala—** A complete masala for chat preparations.

**Jaljira—** A tasty powder to prepare jaljira.

**Refined Sendhav Salt—** Refined sendhav salt powder to use in fasts.







## YOGI UNANI PREPARATIONS

- Atriphal uste khaddus**— A remedy to Chronic Najla and best tonic for brain.
- Atriphal jamani**— A harmless best Laxative for a new born baby and an old man alike.
- Atriphal kashneeja**— A brain tonic & for headache.
- Atriphal Mukavi Dimak**— A high power brain tonic & removes chronic headache & helpful for gray hair in premature age.
- Khamira Gazuban Ambri jawahar wala khas-** cough, cold & heart brain tonic.
- Khamira Marvareed-** Typhoid & heart tonic.
- Javaris Kamuni-** Abdominal gastic troubles.
- Javaris Tamar Hindi-** Tasty preparation for lever intestinal diseases.
- Jawaris Mastagi-** for chronic dyscentry, Typhoid.
- Jawaris jalincos-** best general tonic for old age-It tones up appetite & cures urinal diseases.
- Davaul misli Motdil jawhar wali-** Low blood pressure, best for heart stimulation.
- Namak Sulemani-** Tasty powder for abdominal diseases.
- Majun usha-** A unique blood purifier.
- Majun Najah-** A remedy to Hysteria (हिस्टीरिया) & insomnia

**Majun Phalaspha-** for all kind of **Rheumatic** pains for females.

**Majun Supari pak-** A tonic for females & **Leuchorea**.

**Majun Surjhan-** Constipation & pains

**Majun Kuchla-** A Nervine stimulating tonic.

**Majun Phanjnoos-** Liver spleen & intestinal tonic

**Laboob kabir-** A sexual tonic.

**Laook Spistan-** Common cold, Cough,

**Laook Khyar Shambar-** best laxative in cough & lung diseases.

**Rogan Badam Shiri-** Best nervine tonic, laxative, good for health.

**Rogan Mal Kangni-** A brain & nervine tonic.

**Hubbe Mumsik (Ambari)** A sexual remedy.

**Hnbbe sak munia-** Laxative intestinal inflammation.

**Shahi Tila-** A remedy to generative organ Use- as prescribed by the physician



## HINGUL ROOMI

It is an imported ingredient which is used in most of the Ras & other preparations of Ayurvedic & Unani medicines. We have started to manufacture it first time in Northern India and we are selling this item at the most reasonable rate at par with imported cost.

Our preparation is used and recommended by several government state pharmacies and leading Ayurvedic and Unani Manufacturers.





## SEXOTEX CREAM

( For External use only )

Presentation

Collapsible Tube.

Composition--

Jai Phal	10 P.C.	Kechuve	05 P.C.
Javitri	10 P.C.	Bir Bahuti	05 P.C.
Lavang	05 P.C.	Oil of Sanda	10 P.C.
Dalchini	05 P.C.	Tiger's fat	10 P.C.
Jud badastar	10 P.C.		
Mal Kangni	30 P.C.		

**Description**—Sexotex cream tones up the erectile power of the penis. It helps initiate and maintain the coitus reflex. It is very useful for the persons who have poor erectile power due to advancing age or over indulgence.

### INDICATIONS :

1. Poor erectile power.
2. Impotency due to advancing age
3. Poor performance at the time of intercourse.

**Usage** Massage, once or twice a day, a little sexotex cream into the penis and the public region. It is not to be used on the glans or the scrotum. Continue this practice for a long period.

**Packing :** Tubes of 25 g.



## CHOORANS (POWDERS)

Choornas are ordinarily taken with water or milk. Where nothing is mentioned the use of water should be understood. To take bitter choornas like the sudershan, take water four times the quantity of the Choornas. Let the water be first boiled, then put the Choornas in it and cover up the bawl. Take the bawl off the fire and let it go cold from 5 to 15 minutes. Then filter the decoction and drink it.

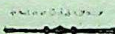
Sometimes Choornas are prescribed to be taken with ghee, or sugar, the quantity of the particular item should be more or less equal to that of Choorna.

1. **Ajmodadi Chooran** ( Sha. San. ) R h e u m a t i s m , Backache, joint pain.
2. **Avipattikar-** ( Bhe. R. ) Acidity, acid eruptions and vomiting.
3. **Ashwagandhadi-** ( Bhe. R. ) Body & nervous weakness nervine tonic.
4. **Ashtang Lawan-** ( Ch. D. ) Alcoholism, Dyspepsia,
5. **Ailadi-** ( Bhe. R. ) Mouth and stomach diseases, vomit, dyspepsia, Burning.
6. **Gangadhar-** ( Sh. San. ) very useful for mucus, diarrhoea and Dysentery.



7. **Chandanadi-** Diuretic, Chronic fevers, piles and Hemorrhoids.
8. **Jatiphaladi-** ( Sh. San. ) Chronic dysentery, diarrhoea, cough, Sprue.
9. **Talishadi-** ( Ch. D. ) Bronchitis, cough, influenza, chronic fever.
10. **Punchsakar-** Constipation, dyspepsia, indigestion, piles.
11. **Punch Nimb-** ( Sh. San. ) Blood skin diseases, scabies, oils, leprosy.
12. **Pushyanug No. 1 (With Jaffron)-** Menorrhagia, red & white leucorrhoea, debility.
13. **Pushyanug No. 2 (Without Jaffron)-**
14. **Balchaturbhadra-** ( Ch. D. ) Diarrhoea, vomiting, cough, fever, Influenza.
15. **Madhuyashtayadi-** Constipation, piles, fevers, acid dyspepsia.
16. **Lashunashtak-** ( Vai. Ji. ) Diarrhoea, colic, dyspepsia, indigestion, tympanites.
17. **Lavangadi-** ( Bhe. R. ) Indigestion, bronchitis, cough, sore throat, phthisis.
18. **Lavanbhaskar-** ( Ch. D. ) Anorexia, indigestion, vomiting, tympanites, good appetiser.
19. **Shatavaryadi-** ( Sh. San. ) Sexual weakness, urinary diseases, good tonic and rasayan.
20. **Shatpushpadi-** ( Sh. San. ) Mucus, acid dyspepsia, dysentery, good appetiser.
21. **Shringyadi-** ( Ch. D. ) Cough Bronchitis, asthenia, hiccough, vomiting & fevers.
22. **Sapuph-Jurayan-** ( Ch. D. ) Good for night discharge.

23. **Sarsawat-** ( Bhe. R. ) Insanity, Epilepsy, mental diseases, short memory.
24. **Swadishta-** Indigestion, dyspepsia, colic, vomiting, good appetiser.
25. **Sitopaladi-** ( Ch. D. ) Cough. coryza, bronchitis, chronic fevers, Heamopsia.
26. **Sudershan-** (Yo. R.)- Chronic fevers, malaria, liver and spleen enlargement.
27. **Haritaki-** Constipation, piles, indigestion chronic constipation.
28. **Hingwashtak** ( Ch. D. ) Tympanites, colic, diarrhea, dyspepsia, indigestion.
29. **Triphala-** Chronic constipation, dyspepsia, indigestion, eye diseases.



## ALKALIES (KSHAR)

Apamarg,  
Vasa, Ark, Vajra,  
Kadali, Gokhru,  
Chincha, Punarnawa,  
Moolak, Yava.

All are diuretics, used in cough, asthma indigestion, fevers, spleen enlargement colic. They are good appetisers.







## AMAL KI RASAYAN

( For External & Internal use )

### Composition :

Well riped Amla fruits are collected and they are given 101 washings with Amla juice itself.

Presentation — Powder.

### Indications :

1. Useful in all sorts of gastic troubles.
2. It is a good antacid, appetiser & digestive preparation.
3. Helps improving eye-sight & it is a good hair tonic.
4. It balances the calcium, iron & vitamin C deficiencies in the body & thus gives added strength to the heart and brain.
5. Females having complaint of repeated abortions should take it regularly during pragnancy to keep the patient and Foetus hale and hearty.
6. It is also useful for cough control & spermetorrhoea.
7. It is equally useful for the young and the aged in all conditions and round the year.

( B )

**Dosage :**

1 to 3 gm. of powder thrice a day with milk. In case of gastic troubles it may be taken with butter milk or water after meals or as advised by the physician.

**Direction :**

While using this medicine chillies, citrus acids and oil should be avoided and in gastic troubles YOGI GAISANTAK may also prove useful.

Packing—Small 200 G. Large 450 G.







## SHIKA KAI OIL

( For External use )

### Composition —

Bhrangraj Swaras	25-00 P.C.	Loh Churan	5-00 P.C.
Shika-kai	25-00 P.C.	Amla Patran	5-00 P.C.
		Swaras	
Trifla	15 00 P.C.	Brahmi Swaras	5-00 P.C.
Hina Patra	5-00 P.C.	Til Oil	9-00 P.C.
Swet Chandan	5-00 P.C.	Natural Scent	1-00 P.C.

### Presentation — Medicated Oil.

Shika kai, Bhrangraj & Triphla are famous for their wonderful effect on hair for a long time and the same elements have been emerged in the oil as directed by the Shastras. It will prevent hair from becoming grey, thin and baldness.

### Indications —

1. It is the best hair tonic used as scented hair oil.
2. It is a never failing remedy to increase the length of hair, making it soft and dark.
3. Regular use of it prevents the falling of hair.
4. It is competent to prevent SIKHI in hair.
5. It produces wonderful effect on mental weakness, headache, insomnia, and checks up small pimples in the head.

( D )

### Directions :

It is better to wash hair with YOGI Kaishal Powder in place of Soap. YOGI Amal ki Rasayan may also be used after dinner. To make it more effective SHIRSHASAN is to be recommended.

Massage it after bath or at bed time gently for half an hour or so.

Package—Small bottle & Big bottle.







## ARSHINA PRALEP. ( Paste )

( For External use only )

### Composition :

Nirgndirvasas	3-50 P.C.	Kashisadi Tel	25-00 P.C.
Nimbvasa	25-00 P.C.	Mabshika Skeeth	7-00 P.C.
Maha-marichadi	10-00 P.C.	Mahishi-Mootra	2-50 P.C.
Tel			
Kampil	2-00 P.C.	Kajjali	2-00 P.C.
Tilsar	10-00 P.C.	Sudha ManuSheela	2-00 P.C.
Kapoor	6-00 P.C.	HaritVejyaSwaras	5-00 P.C.

Arshina paste is a successful remedy to Piles and Fistula. Arshina pills affect the piles internally whereas the use of Arshina pralep is excternal. The use of both the medicines gives better results.

### Indications :

1. Stops bleeding irritation, pain, in piles and removes them without any trouble.
2. It keeps the anus & the annal walls soft, smooth and lubricated and thus helps easy passage of stools.
3. This paste is equally useful for treatment of all kinds of skin diseases Echzema, itches, Ringworm, & pimples etc.
4. It gives prompt relief from cuts & burns.

## Dietary Restrictions :

In cases of skin disorders use of soap etc. is to be avoided and at the same time YOGI SHODHA may also be taken to have a permanent relief. Patients of piles should avoid taking hot species, ( chillies etc. ) and oil. Arshina Pills should also be taken.

## Presentation :

Collapsible tubes of 15 G. & 50 G.







## SURMA

### Composition :

Moti Pisti	2-50 P.C.	Chakshueshasar	5-50 P.C.
Krishna Shiras-sar	5-50 P.C.	Krishnangan	65-50 P.C.
Yasad Bhasma	10-00 P.C.	Kapoor Bhimseni	7-50P.C.
Swet Punarnvasar	1-50 P.C.	Mamiri ganth	2-00 P.C.

**Preparation :** Nimb Swaras, Gulab, Bhrangraj, Kadli, Triphla, Daru-Haridra.

**Presentation:** Powder.

This valuable eye tonic ( Surma ) has been prepared by the inspiration of Shri Bhagat Hansraj ji Vi with a great care and labour. The result produced is very good. Daily use of it keeps the eyes free from any disease

### Indications :

1. Daily use of the Surma prevents eyes from falling prey to any disease.
2. Very effective in treatment of trachoma & other such minor ailments.
3. Daily use of the Surma avoids formation of cataract.
4. Regular use of the preparation is also effective in cases of myopia and in due course patient may give up spectacles.
5. It improves the eye-sight and beautifies the eyes

## Directions.

Surma should be applied to each eye with the help of application Stick at bed time. Surma is not to be applied in large quantity lest it should cause redishness. It may be more beneficial if YOGI Maha TriphalaGhrit or YOGI RASAYAN is also used concurrently. Regular washing of the eyes with Triphala KASHAYA in the morning is also advisable. If this is not possible, at least eyes must be washed every morning with fresh water.

Packing: —

Small & large







## KESHLA POWDER

( For Extenal use only )

### Composition :

Trifla	15 P.C.	Shikakaifalmajja	15. P.C.
Bhrang Raj	5 P.C.	Sheet patry	5 P.C.
Arishtak	5 P.C.	White Goonja	7 P.C.
White Chandan	7 P.C.	Besan	15 P.C.
Badam Giri Twak	7 P.C.	Mritki Churan	15 P.C.
Vayvidang	4 P.C.		

### Presentation : Powder Churan

Now a days falling of hairs and greying of hairs is a big problem for so many peoples. After years together researches this medicine was invented.

**Indications :** It is a nutrient for hairs and so protects the falling and greying of hairs and make them soft, shining and long Dendrefs, Pimples etc.

**Uses :** About 20-25 Gms of powder, mixed with water or butter or curd, keep it overnight in a earthen basin. Rub it gradually over the scalp before taking bath.

**Cares :** Restricted use of soap.



## ROG NASHAK

( for Internal use )

### Composition :

Kutki	3 %	Hradeshwar Twak	3 %
Chirayata	3 „	Shat Pushpa	3 „
Kachoor	3 „	Shatari	3 „
Paneer	3 „	Triphala	9 „
Chakshush	3 „	Chaturjatak	12 „
Ushba	3 „	Indrajaun	12 „
Swaranakshiri	3 „	Bidang	12 „
		Chob Chini	5 „
Nimb Panchang	5 „	Kakmachiphal	3 „
Tr.katu	9 „	Mustak	3 „
Sarj Kshar	3 „	Afratnateen	3 „
Abhya uttam	3 „	Guruchi	3 „
Vansa Panchang	3 „	Argavadh	6 „

### Presentation - Extract

This multi purpose preparation is a compound of 32 herbs which have been in constant use in the Indian families for keeping the children away from all sorts of General diseases

### Indications: -

1. It regulates the whole digestive system and keeps control obesity.



2. Purifies the blood and a good remedy to various skin disorders like Eczema, ringworm & biles etc.
3. easily removes hook worms & Tape worms etc.
4. It is equally useful in all conditions of all types of fevers
5. Regular use of this preparation ( Once a week ) keeps, the infants youngs olds Males and females, all a like, away from all sorts of diseases.
6. The preparation is also a good and very effective anti-septic.

**Directions of use—**

1 gm.—3 gms., 2 to 3 times a day with water depending on the severity of case. Use of YOGI GASANTAK is also advised for Gastric Troubles.

Packing — Small and Large.

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## TASKINE KALPA

( For internal use only )

### Composition :

Moti Pisti	5 P.C.	Praval Pisti	5 P.C.
Trikantmani Pisti	5 „	Sangeshava Pisti	10 „
Jaharmora Khatai	10 „	Shankh Bhasma	5 „
Pisti		Akik Bhasma	5 „
Swet Chandan	15 „	Daryai Nariyal	10 „
Sukshma Ela	10 „	Kepoor Bhim Seni	1 „
Khadir Sar	10 „		

### Preser tation — Powder

It is our Experimented & never failing preparation on children diseases. One who ever used this medicine admired it wholeheartedly.

### Indication: -

1. It is unique for all children diseases—i. e. indigestion, Beri Beri.
2. It makes body strong & sets the taste of the mouth right.
3. It is a permanent remedy to high blood pressure.





## B H A S M A

### (REDUCED METALS & STONES) ETC.

Bhasmas are used alone or mixed in various Rasas. Properly prepared Bhasmas are never harmful. Right from a child to an old person these can be used as prescribed without any fear. There is misunderstanding that Bhasmas do harm if used prior to the attainment of 40 years of age. This is absolutely wrong.

1. **Akik Bhasm**- Cordial weakness, palpitation, burning sensation.
2. **Abhrak**- ( R. Sa. San. ) Rasayan, cough, asthma, Phthisis, chronic fevers, lung weakness, general debility.
3. **Abhrak 100 Puti**- Rasayan, " " "
4. **Kasis**-(R. Sa. San.) Liver, Spleen, jaundice, anaemia.
5. **Kaharva**-Bile disorders, heamoptysis, bleeding piles, diarrhoea.
6. **Kurang Shring**- ( R. T. ) Haematemesis, cough, epistaxis, headache, quite worms in the head, cardiac pains, dry pleurisy, asthma, neuralgic pains.
7. **Godanti**-(R.T.) Headache, cough, acute & chronic fevers.
8. **Jaharmohra**- Body, mental & brain weakness.
9. **Tamra**-(R.T.) Infantile diarrhoea green & yellow.
10. **Nag**-( R. Sa. San. ) Fevers, cough, asthma, liver and

abdominal diseases, Boil Tumour, muscular and nervous weakness.

11. **Nag (Black)-** (R.T.)       "       "       "       "
12. **Praval or Moonga-** ( R.T. ) Cough, asthenia, heamo-  
ptysis, chronic fevers, swelling, weakness, night  
discharge.
13. **Praval Pishti-**       "       "       "       "
14. **Bang-** (R. Sa. San.) Urinary troubles, sperma-torrhoea,  
weakness.
15. **Bang (Black)**       "       "       "       "       "
16. **Mandoor Bhasm-** Anaemia, jaundice, sluggish liver,  
spleen and abdominal diseases, loss of blood, acidity.
17. **Mayurpichh Bhasm-** Hiccough, asthma, cough.
18. **Manikya Bhasm-** Nerve diseases, impotency, phthisis,  
cough, heart diseases, weakness. Tonic.
19. **Muktashukti Bhasm** ( R. T. ) Colic. indigestion,  
bile, cough, asthma, weakness, heart diseases, tonic,  
phthisis, sprue.
20. **Yashad Bhasm** ( R. Sa. San. ) Heamorrhage, urinary  
diseases, night sweating.
21. **Loh Bhasm** ( R. Sa. San. ) Sluggish liver, spleen,  
anaemia, jaundice, phthisis, cardiac weakness and  
general debility.
22. **Varat Bhasm** ( R. Sa. San. ) Loss of appetite, dia-  
rrhoea, colic pain, indigestion, acidity.
23. **Shukti Bhasm** (Seep) Cough, asthma, colic burning  
weakness, palpitation.
24. **Shunkh Bhasm** ( R. T. ) Mucus, colic, acidity,  
tympanites, diarrhoea, indigestion, dysentery. loss  
of appetite.
25. **Swarnamakshik Bhasm** ( R. Sa. San. ) Urinary



- troubles, anaemia, cardiac weakness, scrofuluglands, tuber-culosis, piles, liver, spleen, debility.
26. **Tribung Bhasm**- Urinary troubles, nerve & muscular weakness, diabetes, impotency.
  27. **Gomed Bhasm**- Dyspepsia, indigestion, chronic fevers, cough, anaemia.
  28. **Neelam Bhasm** ( R.T. ) Aphrodisiac tonic, and tonic nervous system.
  29. **Pukhraj Bhasm**- Loss of vital fluid, phthisis, cough, burning, weakness.
  30. **Mukta Bhasm Vishist** ( R. T. ) Cough, asthma, phthisis, burning, palpitation, debility.
  31. **Mukta Bhasm No. 1** —       "       "       "
  32. **Mukta Bhasm No. 2** —       "       "       "
  33. **Mukta Pishti Bhasm** —       "       "       "
  34. **Rajat Bhasm** ( Silver ), (R. Sa. San.)—Nervous and general weakness, burning, cold, tonic, rasayan.
  35. **Vaikrant Bhasm**—Spermatorrhoea, nervouse & body weakness, tonic, rasayan.
  36. **Swarna Bhasm**—Phthisis, deficiency of vital fluid, weak heart, sprue, chronic dysentery, brain troubles, rasayan.





## RAS OR VATI

In Ayurved, a great importance is attached to mercury which is decidedly the most important of all ingredients of Ras medicines. It contains wonderful properties of giving strength and vitality to the brain and body.

Rasas do not get spoilt even if they remain unconsumed for a long time. They rather become more effective as is stated in Ayurvedic Shastras—"The older the rasas, the better the effect." Since rasas are prescribed to be taken in very small quantity, or they are generally prepared in tablet form according to the specific doses.

1. **Agni Kumar Ras** ( R. Sa. San. )—Stomach troubles, indigestion, diarrhoea, tympanites.
2. **Agnitundi Vati** ( R. Sa. San. )—Loss of appetite, colic, weakness, digestive.
3. **Ashwa Kanchuki Rs** ( R. Sa. San. )—Chronic fevers, constipation, colic.
4. **Abhayadi Vati** ( Bhe. R. )—Liver, spleen, jaundice, constipation chronic fevers.
5. **Ajeern Kantik Ras**—Cholera, tympanites, indigestion, digestive.
6. **Arsh [Kuthar Ras** ( R.Sa.San. )—Piles, constipation, digestive colic.
7. **Arogya Vardhini**—Longivity, digestive, fat reducer.



8. **Anand Bhairawn Ras**—Diarrhoea fever, indigestion, dysentery.
9. **Ichhabhedi Rs.** (Bhe.R.) Good purgetive, constipation, abdoman diseases.
10. **Ailadi Gutika** ( Ch.D. )- Cough, hearseness, vomit, blood spitting, indigestion.
11. **Kapha Ketu Ras** ( R. Sa. San. )- Bad cold, influenza, cough, coryza.
12. **Karpoor Ras ( Vati )** ( Bhe. R. )- Dysentery, cholera, mucus, blood diarrhoea.
13. **Kankayan Gutika**- Abdominal tumour, worms, vayu vikar.
14. **Kanchnar Gugglu**- Goitre, scrofulous gland, Abscess, boils.
15. **Kaishor Gugglu** (Bhe. R.) Blood troubles, nervousness.
16. **Kutjashtak Vati**- (Bhe. R.) Dysentery, blood mucus diarrhoea, sprue, bleeding piles.
17. **Krimimudgar Ras** ( Bhe. R. ) Worms, abdominal troubles.
18. **Khadir Vati** ( Ch. D. )- Mouth, tongue and throat troubles, weak teeth, cough.
19. **Khansi Goli**- Dry cough, cold, sore throat.
20. **Kamini Vidravan**- Impotency, promotes sexual vitality
21. **Gandhak Vati** (R.Yo:Sa.)- Digestive, appetiser, vomit, indigestion.
22. **Gandhak Vati (Maha)**- Loss of appetite, heaviness, tympanites, acidity.

23. **Gandhak Rasayan-** Blood purifier, digestive, dysentery, sinus, Eczema.
24. **Gandmala Kandan Ras** ( Yo. R. ) Goire. scrofulous glands, boils, chronic abscess.
25. **Garbh Kalyan Ras-** Abortion, weakness, retains pregnancy.
26. **Gulm Kalanal Ras.** ( Bhe. R. )- Abdominal, ovarian and uterine tumours.
27. **Gangadhar Ras-** Light motions, sprue, dysentery.
28. **Gokshuradi Gugglu** ( Bhe. R. )- Stones, urinary troubles. diarrhoea.
29. **Grahani Kapat Ras** (R.Sa.San.)- Sprue, dysentery, mucus diarrhoea.
30. **Chandra Prabha Vati** (Bhe.R.)- Rasayan, tonic, urinary troubles, stones, inflammation.
31. **Chandrodaya Varti-** Dim vision, eye lids troubles.
32. **Chandrakala Ras-** Urinary troubles, giddiness, vomit, uncontentious, indigestion, haemoptysis.
33. **Chandramrit Ras** ( R. Sa. San. ) Cough, asthma haemoptysis, throat troubles.
34. **Chandanadi Vati-** Gonorrhoea, urinary troubles, ulcers.
35. **Chandanadi Lok-** ( R. Sa. San. )- Chronic Malaria, slow fever, anaemia, jaundice.
36. **Chitrakadi Vati** ( Ch. D. )- Diarrhoea, dysentery, sprue, indigestion, loss of appetite.
37. **Jwarariabhrak** (R.Sa.San.)- Chronic fevers, typhoid, cough, throat troubles.



38. **Jwar Kesari** (Bhe. Ra.)- Constipation. fevers.
39. **Tapyadi Loh-** Jaundice, aneamia, swelling, indigestion.
40. **Tarkeshwar Ras** ( Bhe. R. )- Urinary troubles and pains.
41. **Dugdh Vati** ( Bhe. R. )- Dropsy, anasarka, oedema, Indigestion, diarrhoea, dysentery, sprue.
42. **Dhatri Loh** (Bhe. R.)- Acidity, sour & bitter vomits, burning sensation.
43. **Navayas Loh** (Ch. D.)- Aneamia, jaundice, sluggish liver, chronic fever.
44. **Nripati Vallabh Ras** ( Bhe. R. )- Chronic dysentery, mucus diarrhoea, swelling cough, dropsy, sprue, oedema, anasarca.
45. **Narach Ras** (Bhe.R.)-Constipation, liver spleen, and abdominal troubles.
46. **Nityanand Ras** ( R. Yo. Sa. )- Elephantiasis, tumours, scrofulous glands.
47. **Pradrari Ras-** Leucorrhoea, metrorrhagin weakness, aneamia.
48. **Praval Punchamrit (Muktayukt)-** Abdominal tumours, acidity, flatulence, aneamia, sprue.
49. **Pratap Lankeshwar-** (Yo. R.)- Useful after delivery, fevers.
50. **Pradarantak Loh-** Menorrhagia, white and red Leucorrhoea, debility, aneamia.
51. **Pranda Gutika** ( Bhe. R. ) Non. bleeding and bleeding piles.

52. **Pashan Vajra Ras** ( Yo. B. )- Urinary stones and diseases.
53. **Peeyush Valli Ras** ( Bhe. R. )- Sprue, chronic diarrhoea, dysentery & mucus.
54. **Punarnava Mandoor** ( Bhe. R. ) Aneamia, piles, jaundice & malaria.
55. **Punchamrit Parpati** ( Bhe. R. ) Chronic dysentery, diarrhoea, mucus, sprue, aneamia.
56. **Balark Ras** ( With Saffron ) ( R. Y. Sa. )- Childern's loss of weight, weakness, Marasmus.
57. **Bal Ras** ( R. Sa. San. )- Childern's fevers, cough, bronchitis.
58. **Brahmi Vati**- Loss of memory, brain and mental weakness.
59. **Marichadi Vati**- (Sh. San.)- Malaria fever and chronic fevers, cough.
60. **Mandoor Vidrum**- Aneamia, liver, loss of blood, weakness, heamorrhage.
61. **Mahajwarankush** ( R. Sa. San. )- Malaria fever and chronic fevers, cough.
62. **Maleria Vati**- Malaria-acute & chronic.
63. **Mahagandhak Ras** (R.Sa.San.)- Children's diarrhoea, dysentery, & fevers.
64. **Mahalohadi Rasayan**- Aneamia, liver, body, brain weakness.
65. **Mahashunkh Vati** ( Bhe. R. )- Flatulence, colic, diarrhoea, mucus, acid dyspepsia.



66. **Mahavat Vidhwansan Ras** ( R. Ch. )- Hemiplegia, paralysis, hysteria, nervous irritation.
67. **Mrit Sanjivni Vati** ( Bhe. R. ) Fever, diarrhoea, cholera, vomit, indigestion.
68. **Mrituanjaya Ras** ( R. Sa. San. )- Acute and chronic fevers, inflammation, high temperature.
69. **Mridu Rechni Vati**- Constipation, liver, spleen.
70. **Yakritplehari Loh** ( R. Y. Sa. )- Stomache, liver and spleen diseases, aneamia, jaundice.
71. **Yakridari Loh (Brihat)** ( Bhe. R. )- Enlarged spleen, liver, aneamia, jaundice.
72. **Yograj Gugglu Laghu** ( Ch. D. )- Pains in joints, back, hands & feet, Rheumatism, gout, giddiness, weak muscles.
73. **Yograj Gugglu (Brihat)** ( Sh. San. )- Rasayan, tonic, Rheumatism, gout, weakness.
74. **Rajah Pravaritini Vati**- Absence and irregular menses.
75. **Ratnagiri Ras** ( A. Ni. Ma. )- Typhoid, fever, diaphoretic & weakness.
76. **Ras Parpati**- Diarrhoea, dysentery, acute & chronic, indigestion, swelling.
77. **Ras Shekhar Ras** ( Bhe.R. )- Soft and Hard chancre (Syphilis.)
78. **Ramban Ras** ( R. Sa. San. )- Acute diarrhoea, indigestion, mucus, loss of appetite.
79. **Rasmanikya** (Bhe. R.)- Leprosy, fistula, sinus, blood and skin diseases.

80. **Lavangadi Vati** [Y.R.]- Cough, bronchitis, asthma.
81. **Lai Ras** [Bhe.R.]- Indigestion, diarrhoea, dysentery, loss of appetite, sprue.
82. **Lilavilas Ras** [Y. R.]- Burning sensation, acid dyspepsia, sour vomits.
83. **Luxmi Vilas Ras**- Headache, cough, bad cold, influenza, heart troubles.
84. **Loknath Ras [Brihat]** [Bhe. R.]-Diarrhoea, dysentery, spleen & liver.
85. **Vatgajankush** [ R. Sa. San. ]- Paralysis, sciatica, nervous diseases & Rheumatism.
86. **Vidung Loh** [Bhe.R.]- Intestinal worms. anemia.
87. **Shleepadgaj Keshri** [ R. Sa. San. ]- Elephantiasis [ feet swollen as of elephant ]
88. **Swas Kuthar Ras** [ R. Sa. San. ]- Bronchitis, cough, asthma, cold, syncope, fainting.
89. **Shwet Parpati**- Sour vomits, acid dyspepsia, throat and chest burning.
90. **Shilajeet Vati**- Urinary diseases, burning, difficult urination.
91. **Shirah Shooladi Vajra Ras** [ Bhe.R. ]- Acute and chronic headache.
92. **Shukra Matrika Vati** [ Bhe. R. ]- Urinary ailments.
93. **Shoolharan Yog** [ Bhe. R. ]- Stomacheache, indigestion and colic.
94. **Shoolgaj Kesri** [ R. Sa. San. ]- Abdominal tumours, pains, indigestion, enlarged spleen.



95. **Shringarabhra Ras** [ R. Sa. San. ]- Cough, bronchitis colds, vomit, loss of appetite.
96. **Swarnbang** [ Si. Pra. San. ]— Tonic rasayan, urinary diseases, Albumin uria, night discharge.
97. **Sarvajwarhar Loh** [ R. Sa. San. ]— Liver, spleen, chronic fever, aneamia, weakness.
98. **Sarpagandha Vati**— Hysteria, epilepsy, insomnia, sleeplessness, high blood pressure.
99. **Sameerpannag Ras** [ R.Sa.San. ]— Nervous diseases, facial paralysis, hemiplegia, rheumatism.
100. **Saptamrit Loh**— Eye diseases, granulids, redness, conjanctivitis.
101. **Saptvinshati Guggulu** [Bhe. R.]— Sinus, fistula in anus, piles.
102. **Siddh Praneshwar Ras** [ R. Sa. San. ]— Fevers, diarrhea, dysentery, indigestion, colic.
103. **Singhnad Guggulu**— Joints and muscular pains, paralysis, weakness.
104. **Soot Shekhar Ras**— Acidity, diarrhoea, sprue, stomacheache, abdominal tumours, vomit.
105. **Somnath Ras** [Bhe.R.]— Polyuria, excess urine pass, somorog, weakness.
106. **Sobhagya Vati** [R.Sa San.]... Typhoid fever, Tridosh fevers, after delivery.
107. **Sanjivani Vati** [ Sha. San. ]-- Fever, cholera, vomit, diarrhoea, colic, Tridosh-har.
108. **Swadishta Vati**—Carminative, appetiser, indigestion, loss of appetite.

109. **Hridayarnava Ras** [ Bhe. R. ]- Heart & chest pains, weakness.
110. **Hinguleshwar Ras** [ R.Sa. San. ]- Fever, m u c u s, diarrhea, pains.
111. **Tribhuvankiriti Ras** [ Y. R. ]- Fever, malaria, influenza, cough, pneumonia.
112. **Kasturi Bhairava** [ R. Sa. San. ]- Pneumonia, influenza fever, bronchitis.
113. **Kamadudha Ras** [ With pearls ] [ Bhe. R. ]- Bile, acidity, vomiting, chronic fevers, hæmoptysis, burning, bleeding, headache.
114. **Kumar Kalyan Ras** [With Gold] [Bhe.R.]- Children's diseases, diarrhoea, vomiting, marasmus, fevers, weakness.
115. **Chaturmukh Ras** [With Gold] [R. Sa. San.]-Epilepsy, heart & nervous diseases, delirium.
116. **Chaturbhuj Ras** [ With Gold ] [ Bhe.R. ]- Insanity, hysteria, cyncope, fainting, phthisis, cramps in feet and hands, mental weakness.
117. **Chintamani-Chaturmukh Ras** (With Gold) (Bhe.R.) Epilepsy, nervous weakness, irritation, heart diseases, cramps, debility.
118. **Jwabar Mohra** ( With Musk, Gold, & Manikya )- brain weakness, palpitation, nervous weakness, cold sweating, mental exhaustion.
119. **Taal Sindoor**- Blood impurities, skin diseases, boils, pimples, leprosy.
120. **Putpak Visham-Jwarantak Loh** ( With Pearls &



- Gold** (R.Sa.San )- Chronic fevers, malaria, diarrhoea with fever.
121. **Poorna-Chandra Ras (Brihat) (With Gold)** (R. Sa. San.) Rasayan, acidity, chronic dysentery tonic.
  122. **Bungeshwar Ras ( With pearls & Gold )** ( Bhe.R. )- Rasayan, tonic, urinary diseases.
  123. **Bhimseni Makardhwaj ( With Musk & Gold )**— Nervous debility, rasayan, tonic, typhiod, weakness.
  124. **Makardhwaj-Swarna-Sindoor**-Beneficial in many diseases, rasayan, tonic.
  125. **Mahaluxmi Vilas Ras**- Headache, hysteria, cough, asthma, weakness, general tonic.
  126. **Mall Sindoor** ( R. Sa. San. )- Nervous weakness, blood diseases, boils.
  127. **Muktadikulp (With Pearls)**- Passing of blood, palpitation, aneamia, tonic.
  128. **Manikya Vati (With Silver, Gold, Pearls, Musk & Manikya)**- Nervous debility, cold sweating, nerve diseases, exhaustion, palpitation.
  129. **Yogendra Ras** ( Bhe. R. )- Nervous weakness, sleeplessness, loss of weight, acid dyspepsia, fainting, insanity, hemiplegia, urinary trouble: Rasayan and tonic.
  130. **Ras Sindoor**- Rasayan, beneficial in many diseases, catalytic agent, general tonic.
  131. **Ras Manikya** ( Bhe. R. )- Leprosy, Fistula in anus, sinus, skin & blood diseases.
  132. **Rasraj Ras (With Gold)** (Bhe.R.)- Nerve, brain and heart diseases, weakness.
  133. **Rajmrigank (With Gold)** ( R. Sa. San. )- Tuberculosis, chronic fevers, cough, asthma, Heamoptysis.

134. **Vasant Kusumakar ( With Gold, Pearls & Musk )**-  
Resistant and chronic diabetes, polyuria, rasayan  
and tonic.
135. **Vasant Tilak Ras (With Gold, Musk and Pearls)**  
( Bhe. R. )- Chronic cough fevers, chronic dysentery,  
Rasayan and tonic.
136. **Vrihat Vat Chintamani (With Gold & Pearls)**  
(Bhe.R.)- Nervous debility, hemiplegia, Facial paralysis,  
palpitation, Rasayan & Tonic.
137. **Vat Kulantak Ras (With Musk)** (Bhe. R.)- Epilepsy  
fainting, cramps, nervous diseases.
138. **Shwas Chintamani (With Gold & Pearls)** (Bhe. R.)  
Asthma, cough, chronic bronchitis.
139. **Shree Jai Mangal Ras (With Gold)** (Bhe. R.)-  
Fever, chronic malaria fevers.
140. **Sarvang Sunder Ras ( With Gold & Pearls )**  
Tuberculosis chronic fevers, dysentery, sprue, urinary  
troubles.
141. **Sidl m karadhwaj ( With Gold & Musk )**- Nervous  
debility, weakness, tonic, Rasayan, old-age retarded  
by its use.
142. **Soot Shekhar Ras (Brihat) (With Gold)** (R.Sa.San.)-  
Hiccough, chronic dysentery, diarrhoea, sprue,  
stomachache, abdominal tumours, acidity.
143. **Hemgarbhpotali Ras ( With Gold )**- Cough, T. B.  
asthma, weakness, sprue, suppression of urine, Typhoid  
fever, Intestinal trouble.
144. **Hemnath Ras ( With Gold )** ( Bhe. Ra. )- Asthma,  
cough, excess urine pass, night falls, sprue, chronic  
dysentery.
145. **Trivikram Ras**- Renal colic, stones, urinary troubles.





## QUATHS (DECOCTIONS)

As compared with tablets, Ras, Choorns and Avalehas, Quaths are more easily digestable and are therefore more effective and useful. To prepare Quaths put 1 to 2 tolas of it in 250 mililitre water and boil it properly. When half of the water dries up then put it off the fire and filter. When it is lukewarm mix salt, sugar, gur or honey according to taste and drink it. For cold Quaths put the fulk in cold water at night and filter it next morning. It can be taken all at one time or little by little 2 or 3 times a day.

1. **Dashmool Quath-** Cold, cough, headache, backache, typhoid, nervous debility, after delivery.
2. **Punarnavashtak Quath-** Ascites, oedema, inflammation, diuretic, dropsy.
3. **Manjushthadi Quath (Sh.San.)-** Leprosy, boils, pruritis, influenza fever.
4. **Madhuyashthayadi Quath-** Cold, cough, bronchitis, influenza fever.
5. **Triphala-** Constipation, colic, liver, indigestion, rasayan.
6. **Rasnasaptak Quath-** Rheumatism, gout, pain in joints, nervous diseases.



## AVALEH AND PAKAS

Avalehas are viscid or semi solids while Pakas are dried preparations. Both of them are palatable and long lasting. 6 to 12 grams is the common adult dose. They can be taken 2 or 3 times a day.

1. **Yogi Rasayan**- Tasty appetiser, Rasayan and general tonic.
2. **Amalki Rasayan** (Ch. D.) – Promotes appetite and health, strengthens heart.
3. **Kantakaryavaleh** (Sh.San.)-Cough, bronchitis, asthma, influenza, chronic cough.
4. **Kutajavaleh**. ( Ch. D. )- Heamarrodis, bloody mucus, diarrhoea, dysentery.
5. **Chitrak Haritki** (Ch. D.) – Coryza, influenza, chronic colds.
6. **Chyavanprash** ( Ch. R. )- Hoarseness, asthma, chronic cough, weak heart and lung, phthisis, urinary troubles, rasayan and general tonic.
7. **Badam Pak**- Delicious tasty tonic, refreshes the brain, rasayan, sexual weakness.
8. **Brahmi Rasayan**- Brain tonic, promotes memory, nervine tonic.
9. **Bharangi Gur** (Bhe.R.)- Asthma, cough, hoarseness, indigestion, constipation.



10. **Madananand Modak**- Sexual weakness, exhaustion, debility, tonic.
  11. **Muslipak**—Tasty rasayan, tonic, sexual weakness, debility.
  12. **Vasavaleh**- (Bhe.R.)- Asthma, bronchitis, influenza, heamoptysis, phthisis.
  13. **Vasakhund Kushmand** ( Bhe. R. ) — Heamoptysis, cough, influenza, colds, asthma.
  14. **Supari Pak**- ( Yo.R. ) Tasty, tonic, leucorrhoea, useful after delivery, metrorrhagia.
  15. **Sobhagyashunthi** (Bhe. R.)-Very useful after delivery, uterine pains, tonic.
  16. **Haritkikhund** (Bhe. R.)- Chronic constipation, acidity, piles
  17. **Haridrakhund, Brihat** ( Bhe. R. )- Urticaria, worms, ringworm, chronic eczema, scabies.
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## ASAVAS & ARISHTAS

Asavas & Arishtas are prepared in liquid form and generally they are delicious in taste. The effect of the medicines, contained in 'Asavas', lasts longer and their properties are not undermined even for decades. "The older the Asavas the better the effect." That is the reason why people have great liking for Asvas. They are generally taken 15 to 30 minutes after meals. They are prescribed to be taken half an ounce by adding an equal quantity of water. They should be taken empty stomach.

1. **Ashokarishta** ( Bhe. R.)- Leucorrhoea, vaginal and uterus diseases, uterine tonic, rasayan, sets uterus in order after pregnancy.
2. **Abl yarishta** ( Bhe. R.)- Constipation, tumour, liver and spleen diseases.
3. **Ashwagandharisht** ( Bhe. R.)- Cyncopy, insanity, nervous debility, headache, epilepsy, insomnia, Fear giddiness, tonic.
4. **Amritarisht** ( Bhe. R.)- Malaria, chronic fevers, enlarged liver and spleen.
5. **Arvindasava** ( **With Saffron**)- Children's diarrhoea, indigestion, tonic.
6. **Arjunarishta** (Bhe. R.)- Tacchycardia, heart diseases, fear, insomnia, heamopsis.



7. **Ahifensava** (Bhe. R.)- Diarrhœa, colic pain, vomiting, indigestion, cholera.
8. **Ushirasava** (Bhe. R.)- Heamaragic diseases, disuria, gonorrhea, tonic.
9. **Karpoorasava** (Bhe. R.)- Diarrhœa, vomiting, dysentery, cholera, indigestion, pains.
10. **Kankasava** ( Bhe. R. )- Asthma, cough, bronchitis, chronic cold & respiratory troubles.
11. **Kutjarisht** ( Bhe. R. )- Mucus, chronic diarrhoea, dysentery, sprue, loss of appetite.
12. **Kumaryasva** ( Yo.R. )- Liver diseases, piles, spleen, jaundice, uterus diseases, constipation, dysmenorrhea, abdominal tumour.
13. **Khadirarisht** ( Sh. San. )- Leprosy, skin diseases, boils, blood-purifier.
14. **Kharjurasava** ( Yo.R. )- Chronic cough, indigestion. weakness.
15. **Chandnasava** (Bhe. R.)- Gonorrhea, urinary diseases. night-discharge.
16. **Jambirdrava** ( Yo. R. )— Carminative, colic pain, phosphaturia, indigestion.
17. **Jeerkadyarisht** ( Bhe. R. )— Chronic diarrhoea, constipation, indigestion, carminative.
18. **Dasmooolasava** ( **With Musk** ) ( Bhe. R. )— Cough, asthma, debility, indigestion, uterine diseases, rasyan, very useful after delivery.
19. **Dashmooolarisht** ( **With Musk** ) ( Bhe. R. )— Chronic fevers, nervous diseases, weakness. indigestion, uterine tonic, rasayan, sexual tonic.

20. **Dashmoolark** - Useful after delivery, nervous diseases.
21. **Angur asave** ( Yo.R. ) - Chronic cough, constipation, exhaustion, carminative, tonic, phthisis, loss of appetite.
22. **Patrangasava (With Saffron)**- Women debility, pains, inflammation, indigestion.
23. **Pippaladyasava** ( Bhe. R. ) - Piles, sprue, dysentery, diarrhea, debility, loss of blood, indigestion.
24. **Punarnavasava** ( Bhe. R. ) - Dropsy, liver, spleen, jaundice, urinary troubles, aneamia.
25. **Balarisht** ( Bhe. R. )- Nervous debility, hysteria, epilepsy, sleepless, ness headache, tonic.
26. **Babularisht** ( G.Ni. )- Cough, bronchitis, diarrhoea, skin diseases, heamopsis.
27. **Mrigmadasava** ( Bhe. R. )- In fevers & Typhoid, maintains strength & vitality, carminative, tonic.
28. **Mahamanjishthadi Ark**-Boils, skin diseases, blood purifier, eczema, seborrhea.
29. **Raktshodhak**- Skin diseases, boils, joints pain, blood purifier.
30. **Rohitkarisht** ( Bhe. R. )- Enlarged liver spleen, abdominal tumour, piles, jaundice.
31. **Lohasava** ( Sh. San. )- Spleen, liver, fevers, aneamia, jaundice, tonic.
32. **Vidangarisht** (Sh.San.)- Worms, fevers, fistula, abscess, tumours.
33. **Sarswatarisht ( Brahmi Booti )** ( Bhe. R. ) Brain refresher & Tonic, promotes memory, & vision.
34. **Sarivadyasava** ( Bhe. R. )- Scabies, boils, slugish liver, jaundice, metrorrhagia, leucorrhoea, urticaria, leprosy, blood purifier, night discharge.
35. **Sarivadyarisht-**                   "                   "                   "                   "





## OILS (TAILAS)

In Ayurved Oils were abundantly used in various chronic diseases whenever other medicines failed to cure the diseases, the use of medicated oil proved to be the most effective and useful.

1. **Ashwagandha Tail** ( Ch. D. )- Headache, muscular pain, nervous disease, puts on fat.
2. **Amla Tail**- Falling and untimely grey hair, good hair grower, headache, baldness.
3. **Karnbindoo Tail** -Boil in the ear, otorrhea, otitis media, pain.
4. **Kasisadi Tail** -Piles, fistula, sinus, ulcers.
5. **Kum Kumadi Tail (With Saffron)** (Bhe. R.) -Acnes Pimples, beautifies the face.
6. **Guduchi Tail** ( Ch. D. )- Urticaria, blood impurities, nervous disease.
7. **Chandnadi Tail** ( Bhe. R. )- Phthisis, cough, tuberculosis, burning sensation, chronic fevers.
8. **Chandanbalakshadi Tail** ( Yo. R. )- Cough, asthma, phthisis, slow fevers, burning-sensation, hemmorrhagic conditions.
9. **Jatyadi Tail** ( Sh. San. )- Abscess, boils, sinus, ulcers, fistula.
10. **Dashmool Tail** (Bhe.R.)- Otorrhea, otitis, headache, pains.
11. **Nirgundi Tail** ( Bhe. R. )- Fistula, sinus, chronic Eczema tumour.

12. **Brahmi Amla Tail**- Sharpens memory, brain tonic, falling hair, blackens & softens, baldness.
13. **Brahmi Tail**- " " " "
14. **Badam Rogan**- Constipation, ear, nose diseases, brain and body tonic.
15. **Bilva Tail** ( Bhe. R. )- Ear diseases, otorrhea, deafness.
16. **Bhringraj Tail** ( Maha ) ( Bhe. R. )- Falling and grey hair, headache, brain and body-tonic.
17. **Mahalakshadi Tail** (Bhe. R.)- Chronic fevers, cough, phthisis, exhaustion, tonic.
18. **Mahanarain Tail** (Ch.D.)-Paralysis, nervous diseases, pain in joints and muscles, cramps, hemi plegia. gout, Rheumatism.
19. **Marichadi Tail** (Maha)- Boils, abscess, ringworm, skin diseases, scabies.
20. **Mahamash Tail** (Ch.D.)- Nervous diseases, backache, fractures, head, and feet, shivering, marasmus.
21. **Mrigyadi Tail**- Impotency, debility, weakness.
22. **Vishgarbh Tail** [ Maha ] [ Bhe. R. ]- Joint pains, paralysis, nervous diseases.
23. **Shikakai Tail**- Grey and falling hair. grower, blackens and softens.
24. **Saindhawadi Tail**- [ Bhe. R. ]- Sciatica, joints and muscular pains, neuralgia, gout.
25. **Shadbindoo Tail** [ Ch. D. ]- Chronic cold, headache, nasal diseases.
26. **Hingwadi Tail**- Otitis, pain in ear, otalgia.







## GHRITAS

In Ayurvedic systems medicinal ghris are used in curing several chronic diseases. They are very effective and useful.

1. **Arjun Ghrit** [Bhe.R.] - Nervine tonic, useful in eye, ear, nose and throat troubles.
2. **Ashwagandha Ghrita** [ Brihat ] [ Bhe. R. ] - Epilepsy, syncope, hysteria, nervine tonic.
3. **Punchtikta Guggulu** [Bhe. R.] - Abscess, boils, erysipelas, blood purifier.
4. **Brahmi Ghrit** [Ch. D.] Abortion, miscarriage, uterine diseases.
5. **Brahmi Ghrit** [Ch. San.] - Epilepsy, hysteria, hoarseness, weak memory, brain tonic.
6. **Mahatriphala Ghrit** [Ch.D.] - Eye diseases, weak vision, giddiness, mental & brain fatigue.



श्री धर्मदत्त वैद्य संग्रह

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## SOME MEDICINE FOR IMPORTANT DISEASES

1. **Anemia-** Navayas Loh, Mandur or Loh Bhasm, Lohasava. Chyavanprash with milk.
2. **Bleeding Piles-** In the morning take Kutjashtak with curd [ Matha ] and Chandra Prabha at night. Swarnmakshik and Mandur Bhasm should be taken with butter and mishri or banana juice, Nag Kesar Choorn with curd.
3. **Bronchitis-** Kasturi Bhasm, Talishadi, Sitopladi, Lavangadi, Shringyadi, Chandramrit Ras, Vasavati, Ailadivati, Drakshasva, Chyavanprash, Vasakhund Kushmand.
4. **Constipation-** Haritkikhand at night with hot water or milk. Drakshasava or Kharjurasava after both time meals, Icchabhedi, Punchsakar, Madhuyashtyadi choorn.
5. **Cold-** Kaphaketu, Luxmi Vilas, Vyoshadi choorn, Talishadi choorn.
6. **Chronic Fever-** Sudharshan Choorn, Amritarisht, Swarn Malti Vasant, Mahalakshadi tail for massage.
7. **Colic-** Hingvashtak, Lashunashtak choorn, Mahashunkh vati, Shunkhdrava.
8. **Chronic Cough-** Chyavanprash, Vasakhand Kush-







योगी

# शक्ति विकास

बल, क्रान्ति, स्फूर्ति वर्द्धक महान् टॉनिक

योगी

## बालामृत

बच्चों को स्वस्थ तथा सशक्त बनाता है।



योगी

## शोध

रक्त शोधक

रक्त शुद्ध  
करके त्वचा  
को कोमल  
बनाता है



पेट दर्द, अजीर्ण  
वायु गोला आदि  
अनेक उदर रोग  
नाशक, पाचक  
तथा स्वादिष्ट

योगी

## शाही चूर्ण















